



Aldershot Town Football Club – Physiotherapist/Sports Therapist/ Rehabilitator/Soft tissue Therapist Intern

Title: 1st Team Physiotherapist/Sports Therapist/ Rehabilitator/Soft tissue Therapist Intern

Start Date: Pre-Season August 2021

End Date: End of Season June 2022

Time Commitment: August 2021- June 2022 – 3days minimum per week, this includes 1st team training and match days.

Salary: Volunteer

Job Purpose:

- To Work with the first team on a daily basis, Assessment and treatment of injuries, Implementation of rehabilitation protocols, aid with day to day roles.

Roles & Responsibilities:

- Assist in Matchday/ Training set-up
- Work in conjunction with the Head of Performance & Rehab in the design of research driven strength and conditioning programmes
- Help Deliver weekly-based gym sessions and notation of training loads for individual athletes, also supporting/ delivering final phase rehabilitation on training pitch
- Supervise the players in the appropriate technical use of specific equipment in the gym
- Develop knowledge of each individual athlete regarding the strength and conditioning component within football
- Support matchday preparation of pre-match, live, half-time and post-match warm-ups as directed by the manager/ coaching staff
- Other miscellaneous tasks as instructed from the manager, coaching staff and players

Desirable Knowledge:

- Good understanding of Microsoft Office
- IT competent (Apple software)
- Good understanding and knowledge of football, football-specific gym-based training
- Applied knowledge of anatomy and physiology

Personal Specification:

- Strong desire to work within professional football
- Adaptable and problem-solving
- Positive, highly motivated and enthusiastic; high work ethic
- Proactive, professional in their attitude and approach to their work
- Good communications and presentation skills
- Trustworthy and reliable – always maintain confidentiality

How to Apply & Next Steps:

1. Please send a one-page CV and one-page Cover Letter to Georges Berthonneau at gberthonneau@aol.com – DEADLINE 20th August 2021
2. Interviews will take place at The EBB, High Street, Aldershot, GU11 1TW (w/c 9th August 2021)